

See below all the info of current support around Autism for family's

1. **Spectrum group Energise Centre, M6 6ES** - A parent-peer support group for parents or carers whose children have been diagnosed with or going through an assessment process for autism - [Social and special interest groups](#)•[Salford City Council](#)
2. **Bee Yourself SEND Group** - A group for parents, carers and their children age 4-11 with additional needs. (No diagnosis required) [Bee Yourself at the Castle | mycity Directory](#)
3. [Fathers of Autistic children 'walk and talk' sessions | mycity Directory](#) - This is a monthly meeting for Fathers of autistic children to engage in a physical activity that may evoke conversations and peer support. Professional support and volunteers from Fathers Matters will be available for some sessions.
4. **Salford Parent Carer Forum** - [Salford Parent Carer Forum | mycity Directory](#)
5. **Salfordautism- Eccles Gateway meet up / drop-in | mycity Directory** - Safe friendly social gathering for autistic people to interact with their peers, practice their social skills, build social confidence, and be somewhere that they will be "normal" and not victimised as the weird one in the room.
6. **Wellbeing Matters | Salford CVS** - Wellbeing Matters is led by Salford CVS, the support organisation for the Voluntary, Community and Social Enterprise (VCSE) sector. Wellbeing Matters includes a social prescribing approach that links statutory health and care services to the VCSE sector. The aim is to support people to connect to local community assets to support their wellbeing and independence, reducing the need for intervention by health and care services.
7. **Parent groups and support groups** - [Peer Support - GMAC](#)
8. **Parent/Carer of Autistic Teens** - monthly support group Tickets, Thu 10 Jul 2025 at 19:00 | [Eventbrite](#)
9. SEND seminars with parents so they can access support for parents who have a child with additional needs. <https://www.salford.gov.uk/children-and-families/early-help-for-families/being-a-parent-send/>
10. [Being a parent](#)•[Salford City Council](#) - Seminars/ Webinars/Discussion groups
 - Solihul How to access the courses/ Go to the [Solihull Approach Parenting website](#)
 - Use the access code: EARLYHELP
<https://inourplace.heiapply.com/online-learning/course/128>
<https://inourplace.heiapply.com/online-learning/course/35>
11. <https://autismgm.org.uk/resources/sensory/> - Autistic people often experience their senses differently and understanding this can be the key to supporting the autistic person to self-regulate and understand themselves better
12. <https://www.autism.org.uk/what-we-do/support-in-the-community/family-support> - Support and advice for parents and carers of autistic children, including support to develop a greater understanding of their child's needs and accessing services that meet the family's needs.
13. <https://www.frankcommunications.org.uk/> A podcast that may be of interest to parents and professionals [Listen - Frank Communications](#)
14. **Autism and social communication team** • [Salford City Council](#) - autism and social communication team are a team of specialist teachers
15. [If you think you are autistic](#)•[Salford City Council](#) - On this page we hope we can help you find the support and activities that you need.
16. [Resources - GMAC](#) - The following pages are about general resources on subjects that the GMAC team often get asked about.

17. **Spectrum group** from Health Improvement | mycity Directory - A parent-peer support group for parents or carers whose children have been diagnosed with or going through an assessment process for autism or those going through it themselves.

18. Respect For All - Counselling for autistic people, and people with learning disabilities | mycity Directory

19. **Salfordautism** Home Page - Advocacy Services - Salford autism - Support for everyone who is, cares for, or is affected by someone with an Autism Spectrum Condition (ASC) (inc. Asperger Syndrome and ADHD)

20. **Salford Autistic Spectrum Conditions Forum | Facebook** - **Salford Autistic Spectrum Conditions Forum**

21. <http://www.salfordautism.org.uk/>

- Mentoring / Coaching/

- Advocacy (inc. help with benefits, housing, employment, police, courts, prisons, probation)

- Training / education

- Social Inclusion

Run and staffed by autistic people, for autistic people. Tel: 0771 390 3224 (24hr contact / helpline) Text: CHAT for free ring back Text: SMS for SMS response

Email: info@salfordautism.org.uk / Website: www.salfordautism.org.uk/ **New Central Manchester Autism Meet Up**